

MOZAMBIQUE SAILING QUIRIMBAS

Ocean dhow sailing to discover the archipelago of Quirimbas National Park

8 days of travel with possibile extensions

this calculation is not including the flights

From May to November

WHAT WE WILL SEE

An archipelago of 32 islands protected, pristine and wild. Small strips of land: are the Quirimbas Islands. We will sail on a traditional dhow of 12 meters, with skipper, chef and crew of experts to explore some of the Quirimbas Islands. We do not sleep on board, but in a tent, in ad hoc organized camps, in special places. We will sail on calm waters, clear and blue with before our eyes the infinite line of Indian Ocean. We can then combine the traditional dhow sailing and the kayak, to get to some remote places like the mouths of some rivers and mangrove forests, where we can spot endangered bird species and unique views over the course of the national park waters, Quirimbas. Our dinners are made with fresh seafood under the stars! Yes, this is a unique adventure that smells of freedom. We will end the trip on the island of Ibo, a little-known destination, rich in history and nature. A trip for groups of friends, honeymoons or adventurous families.

We planned this trip such an adventurous combination of dhow and camping, but we can change it by making the move and the most comfortable nights in a catamaran!

DURATION: 8 DAYS. Possibility of extensions on the beautiful beaches of the Quirimbas Islands, on the coast of Mozambique or Malawi!

MOZAMBIQUE, GALLERY

Expedition 04 in 4x4 and Dhow.

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MEANS OF TRANSPORT

All distances will be covered with one or more means Toyota or Land Rover or similar off-road vehicles and dhow.

ACCOMMODATION

The nights at Ibo, will be at a magnificent colonial house rehabilitated with the most beautiful terrace of the island; the famous Ibo

Island lodge.



The remaining nights will be spent on the islands in simple camping under the stars with igloo tents provided by the organization. Life at the camp is environmentally friendly, simple and rustic. The luxury of this experience is to sleep on the beach or a special place among the stars and the peace, tranquility and simplicity. With global warming many coasts and islands are going to become just a memory.

Curious about the list of lodges, write us for more details!

The facilities have been carefully chosen following an idea of land conservation and sustainability of travel, preferring positions in close contact with nature.

THE PERIOD/SEASON

Temperatures depend largely on the season, from the latitudes and altitudes. On the right is a table indicative of average temperatures in the different seasons. The hottest month is November, the coolest month is June / July. The dry season is from April / May to November. The wet season runs from December to March / April, during this time you can see the parks in their green splendor; some puppies of mammals are born in this period as well as many birds cross the mating season, changing plumage courting females. We recommend both seasons, both in fact have a special charm. a special charm. Contact us for more information on the current season, they are not all the same every year!

| TEMPERATUR ES °C AVERAGE | FEBRUARY | JULY | NOVEMBER |
|--------------------------------|--------------|----------|----------|
| Pemba | min 28 - max | min 20 - | min 28 - |
| | 38 | max 30 | max 38 |





TRAVEL GUIDE

DHOW SAILING

The ancient art of dhow building dates back to this region of Mozambique for centuries; fathers handed down the craft dhow skippers to their children for generations.

The dhow is a slow medium, relaxed, simple means of transport that knows no hurry; you sail in company with many other traditional water transport means and usually the dhow is always in view on the coast or on the beach ... to retreat in case of sudden bad weather. Do not expect luxury or comfort on board! Dhows are made of wood and allow you to experience the beauty and the art of sailing. The engine is used only occasionally, but for the most part is the adventure on the dhow to sail.

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All the dhows are built entirely by hand using 'Algodao' the traditional technique of hammering cotton in small spaces between the planks cut by hand. Cotton expands to absorb water and dries at low tide.

All dhows enter water inside! Do not be alarmed: it is completely normal for the crew and often you will see the skippers empty the boat. There is a simple toilet shared aboard the dhow, and you'll also find drinking water.



Life at the camp is environmentally friendly, simple and rustic with igloo tents and mosquito net. For more than 6 groups they are mounted ablutions separate for men and women. simple foam mattresses and pillows are provided. The camps are organized by the staff and do not need work. Our goal is to leave less impact on the coast or beach so do not expect luxury or fixed installations. The luxury of this experience is to sleep on your beach or a special place among the stars and the peace, tranquility and simplicity. With global warming many coasts and islands are going to become just a memory.

MEALS AND DRINKS

The meals are prepared by the crew, and the foods cooked on the fire. fresh fish and seafood caught along the way are the main dishes, but we have small stocks that we are able to bring on board. All meals are provided as -with tea and coffee enroute. Alcoholic beverages and mineral water can be purchased. Bottled water costs about \$ 2.00 for a 1.5 liter bottle. Please note that we will bring the drinks as required.



















TRAVEL PHILOSOPHY

We call our trips, "expeditions", a word which seems to better encompass the spirit of adventure and discovery of wild places, the capacity of necessary adaptability and the desire of sharing this experience with others.

Our programs are carefully prepared and are born from our personal experiences over the years of the places where we spend most of the year. This allows us to share the knowledge of the environment and local communities to whoever wishes to experience an adventure rather than an organized trip. During our expeditions, we like to improvise, a ballgame in a small out-of-the-way village or take a break to taste the local cuisine, or stop to meander through the colorful stands of fruits and vegetables in an outdoor marketplace.

We don't travel with air conditioning observing Africa through closed windows, but we live breathing in the smells and even getting a little dirty from the red earth without thinking all day about how much further we're going, when will there be roads of asphalt or what will we eat for dinner that night.

We experience Africa smelling the atmosphere, absorbing the colors, experiencing the local fruit and vegetable markets, being surrounded by children on the road without prejudice.

People who travel with us are not just thinking about reaching a destination but about enjoying the infinite moments during the trip to appreciate the spectacular sights of Africa even when we stop and there is nothing to do. "Doing nothing" transforms your sense of hearing into listening and your sense of watching into seeing. We prefer to "lose" time in order to better appreciate the wonders of Africa.

We don't appreciate those who always want to know "what can we do for fun", what activities or hobbies, when there really is nothing to do but wait for the sunset or for a lion to yawn: Africa has a different rhythm of life. We don't appreciate those who travels with their entire house in their suitcase and who wants to find all the comforts of home on the road; stress must stay at the airport because it does not fit with this continent.

Who are appalled and shocked at a local food dish or who cry because there is no hot water need not apply; these are luxuries we give up in respect for the communities of a Continent that suffers poverty and underdevelopment.

We don't appreciate those who do not have respect for animals or nature, who waste water, energy and resources without environmental respect, who does not ask for help and does not give help and who does not take care of our equipment.

This is our philosophy: think like us and you will be rewarded.



TRAVEL PROGRAM



DAY I AND 2. PEMBA, MOZAMBIQUE. Arrival at Pemba International Airport or Nacala in northern Mozambique. Meeting with the staff and land transfer - about 3 hours- for an area further north and then by dhow to the island of Mogundula, where we will spend two nights in one of the most beautiful islands of the archipelago. From here we will explore the area and will swim in the clear waters and literally between small strips of sand. At our disposal is the whole island! where you will camp in a shaded area. We can visit the Pangane peninsula and / or the island of Macaloe. Dinner and overnight camping, as the previous night. Full board

DAY 3. MOGUNDULA ISLAND - ULUMBWA. From the island of the Isle of Mogundula Ulumbwa. We will sail the crystal clear waters of the Quirimbas archipelago, below us the corals that we will see by snorkeling to the mouth of the river Ulumbwa, rich in mangroves in a unique ecosystem and where we will find the fishing villages. Dinner and overnight camping at Ulumbwa. Full board

DAY 4. ULUMBWA - MATEMO - ULUMBWA. Departure day to the island of Matemo. After visiting the estuary of the River Ulumbwa, where hundreds of species of birds inhabit this area of mangroves and fishing villages, in the afternoon we drive to the turquoise waters of the island of Matemo, in the south, as well as exploring this part of the island. Return to the camp of Ulumbwa. Full board

DAY 5, 6 AND 7. ULUMBWA - IBO. From Ulumbwa island of Ibo. Ibo is perhaps one of the islands with the most attractions, with its incredible history dating back to the XXVI century, between fortresses and with a cultural heritage that in many ways -as for dell'argento- has remained so and over the centuries. Mysterious ruins, ancient buildings and an stories that speak through architecture. From the island of Ibo you can enjoy a fascinating view of the Indian Ocean, especially from the restaurant terrace of the lodge chosen, historic building, which has undergone extensive renovation. Full board

GIORNO 8. IBO - PEMBA AIRPORT. After breakfast, an ultra light will take us from Ibo Pemba, international airport.

Note: The trade winds blow on the east coast and change direction twice a year. From September to May normally it sails from north to south while during (usually) in June, August and September, and in other periods solely dependent on weather conditions and winds it may be necessary to sail south to north. It is impossible to predict, but it is clear that we will do our best to keep the itinerary intact though it remains flexible than what has been published.







EXTENSIONS!

- PEMBA BEACHES OR NORTHERN BEACHES
- ILHA DE MOZAMBIQUE
- MALAWI

TO KNOW

the expedition may be modified on site and in any moment due to technical, organizational or safety reasons without upsetting the initial plan.





ATTENDANCE FEE: on request

PARTICIPANTS: MINIMUM 2, BEST 6

DISCOUNTS

The following discounts are possible:

• 100USd for travelers who already took part at least in a travel with AFRICA WILD TRUCK (minimum base of 4 persons)

THE FEE INCLUDES

- Itinerary as per program, 4 nights in dhow and 3 night on Ibo Island (the expedition may be modified due to wind and weather conditions)
- · Guides and skipper speaking English and Portuguese
- Snorkeling and kayak equipment
- · All overnights in lodge as to program
- · All meals as per full board indication
- 50 US dollars that AWT entirely donates to AROUND AWT (see page 11)
- · Government taxes

THE FEE DOES NOT INCLUDE

- **Flights**
- Mozambique Visa
- Supplemento camera singola Euroassistance/Globy or similar travel insurance (cancellation, luggage, health insurance highly advisable it is possible to stipulate it with the above cited agency or online write to us, we will help you to find the best solution!)
- Drinks
- any possible personal expense
- anything not expressly specified under "The fee includes"

ATTENDANCE MODE

Contact us at info@africawildtruck.com to book and ask any info on this tour



CONSIGLI DI VIAGGIO

HEALTH

No obligation to vaccination. Check with your doctor about requirements for yellow fever.

We recommend these vaccines:

- tetanus
- typhoid fever
- hepatitis A and B

Concerning malaria, disease transmitted by the bite of the female Anopheles mosquito, its prevention is accomplished, first of all, with a mechanic prevention i.e. avoiding getting stung, following these rules:

- sleeping under mosquito tents
- using insecticide to get rid of possible mosquitos
- after sunset, when mosquitos are more active, avoiding leaving parts of the body uncovered, wearing light-colored long trousers and long-sleeve shirts, because dark colors attract mosquitos and spraying parts of the body uncovered with Autan Extreme

For the use of any possible antimalarial drugs we suggest that you consult your Public Health Service; health norms change very rapidly.



We suggest that you take with you a small supply of these medicines:

- analgesics/fever reducers: acetylsalicylic acid and nimesulide
- antibiotics like ciproxin or amoxicillin or clavulanic acid
- antimalarials: anyway carry with you 2 packs of Lariam for emergency cases
- antidiarrheals: loperamide or kaolin in case of symptoms (to use only if really necessary!)
- rehydration salts: in case of fluid leaks
- against car or air sickness: a pack of pills or chewing-gums
- antihistamines: in case of allergic reactions
- · scissors, tweezers and thermometer
- suntan cream
- insecticides (like Autan Extreme)

LUGGAGE

Due to space and cohabitation reasons each person shall have just a big backpack (max 15 kg), with max. dimensions 30x40x50 cm (60 liters) besides a standard small bag with photographic equipment.

We recommend that you comply with the dimensions

We recommend mountain backpacks with shoulder straps.

CLOTHES LAUNDRY

It will be possible to wash your clothes where we will stop at least for 2 nights It might be necessary a waterproof small bag for your passports.







EQUIPMENT

Required documents and Visa

It is necessary to have a passport valid for at least 6 months after departure date with at least two free pages; for the entry in Mozambique the Visa is obtainable under 80 Usd payment through Mozambique embassies abroad. Write us for more informations

CLOTHING

- mask for snorkellingtechnical sandals
- easy to dry slippers for the shower giacca a vento smanicata
- windbreaker

- k-way
 sweatshirt/pile
 cotton/linen long trousers
 cotton/linen long sleeve shirts
- cotton T-shirts
- bathing suit
- panty belly pack for passport
- sungcap sunglasses

OTHER

- towel
- binoculars
- head torch-light
- water bottle
- camera/videocamera/spare batteries!!
- passport photocopy and 2 passport photos

PERIOD

Temperatures widely depend on altitudes and latitudes Contact us for further information!











ECO TOURISM

AFRICA WILD TRUCK SUPPORT

Africa Wild Truck travel philosophy has the aim to minimize the potential negative impacts that derive from tourism socially, economically and environmentally. We know that tourism has got a big potential of bring benefits in remote areas as economical growth, develop and conservation. Travel in a responsible way means follow a specific travel philosophy that we hope is useful to preserve the beauty and the culture of this marvelous Continent to future generations.

SOCIAL COMMITTMENT

We think that the contact with local people and cultures is one of the essential aspects of a travel. Comprehension, tolerance and mutual respect between different cultures often mean also simple rules to follow that will be exposed to the traveler before as well as during the travel. We encourage the traveler to have an open attitude and learn customs and traditions, as well as basic words in local language.

We live here and we give local people a job so that travelers, once more, may have the possibility to interact with African people and so that money is directed to the population.

We support some territorial and social maintenance projects, both directly, involving our travelers into donating to <u>AROUND AWT</u> and indirectly, visiting distant areas bringing economic development and suggesting to donate one's own contribution to projects as conservation or social projects

We are supporting associates and members of associations like \underline{AITR} , Italian Association for Responsible Tourism and \underline{TIES} , International Ecotourism Society.

We live here so we have the possibility to monitoring the political and social situation of our destinations, communicating, if possible, all relevant information to travelers before leaving.

ECONOMIC COMMITMENT

We lean on suppliers, products and services representing the option that is the most ethical available, even when it means paying a price reasonably higher compared to other options on the market.

We use accommodations which are chosen carefully, following an idea of conservation of the territory and sustainability of the travel, preferring positions in close contact with nature. Where possible we lean on small accommodations managed by local people that live on the territory, like us.

We don't lean on facilities or suppliers where we know there is exploitation of labor.

Where possible we stock up in the markets, buying fruit and vegetables directly from small producers, thereby supporting small economies.

We encourage travelers to buy local artifacts that do not harm the environment and that do not support illegal trafficking.

ENVIROMENTAL COMMITTMENT

• We use the Internet and e-mails as main means of communication; this minimizes the waste associated with the use of printed paper.

We use, where possible, recycled paper for all our printed releases. We support and donate part of our takings to organizations like <u>AROUND AWT</u> and other associations also through the programming of the travels/expeditions. We are members of the <u>TIES</u>, International Ecotourism Society and of <u>AITR</u>, Italian Association for Responsible Tourism.

We minimize the waste like electric energy and water using the truck's batteries to recharge the electric material and managing the reserves of water in an accurate way.

We recycle: nothing is thrown away in Africa! Where possible we deliver part of what we think is no longer useful, to those who need it. Besides we follow, where possible, this simple rule: what in Africa is harmful for the environment and cannot be recycled must be taken back home! Used batteries are a simple example.

We use small facilities that minimize negative impacts on the environment. We lean, where possible, on facilities built with local materials, as well as facilities that use renewable sources of energy like solar panels.

YOUR SUPPORT

Inform on your travel destination before leaving. Read books and consult tourism guides to collect information on culture, politics, geography, religion and traditions of the places you are going to visit. Learn a few basic words you'll need to communicate; sometimes a few words can make you get on touch more with the local culture. Inform on how to behave to respect customs and beliefs.

Dress in a respectful way. It's really easy to cause embarrassment or offend with an inappropriate clothing.

Buy local objects and use local services; this increases the local economy. But be careful what you buy: do not feed illegal trafficking or types of trade that are harmful to nature.

Pay a fair price for what you buy. Negotiating is always part of the local life; small sums of money mean big sums for a local family.

Ask permission before taking photographs and if you promise someone to send a photo, or a gift, please, keep your promise.

Avoid showing wealth and opulence especially in poor communities, where you are a guest.

Help local communities supporting development projects, rather than giving huge tips to individuals. Together we can develop new ideas. Take a look at the projects we support like <u>AROUND AWT</u>.

If you want to leave something, as for example giving material to a local school, or cloths to whom needs them, try to give them to an influential person. In this way the material will be divided as fairly as possible. Do not give money or medicines to individuals: we know projects to which we can give this type of material.

Never feed wild animals, especially within the parks: wild animals have not to depend on man for their subsistence.

Respect the environment: avoid leaving garbage around and if you smoke, please, do not leave your cigarette butts.

Once home think how you can help the development programs to help the country you've had the privilege to visit. Choose a Tour Operator that follows a travel philosophy that supports eco-tourism.

We support some social maintenance projects, through scientific popularization, writing guides and articles, photography, donations, our projects of <u>AROUND AWT</u>, visiting distant areas and so bringing economic development; if you know topics, groups, projects we don't know share them with us: we can support them and ensure that many people may be involved.







TERMS AND CONDITIONS

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- Having confirmed availability, a 30% DEPOSIT IS REQUIRED TO CONFIRM YOUR BOOKING. Once we receive proof of payment together with your completed Booking Form, your booking is confirmed and accepted by us.
- UNLESS PRIOR AND DIFFERENT ARRANGEMENTS, FINAL PAYMENT IS NORMALLY DUE 8 WEEKS BEFORE DATE OF DEPARTURE
- PAYMENT BY VISA AT OUR OFFICE ARE WELCOME (ONLY VISA, NO MASTERCARD OR OTHER CARDS). NOTE THAT OUR VISA IS CONNECTED WITH THE LOCAL ACCOUNT AND THE RATE OF EXCHANGE OF THE DAY IS FROM XE.COM. A 5% VISA CHARGE IS APPLICABLE WITHIN MALAWI
- If paying in Malawi Kwacha please note we use the HIGHER BUYING rate of commercial money bureaus.

CANCELLATION/ REFUNDS

 CANCELLATION MUST BE IN WRITING AND ARE ONLY EFFECTIVE ON RECEIPT OF WRITTEN NOTIFICATION.

CANCELLATION POLICY

- IF NOTICE PRIOR TO 60 DAYS BEFORE DAY OF DEPARTURE 50% FORFFITED
- FROM 59 DAYS TO 28 DAYS BEFORE DEPARTURE LESS 80%
- 100% LESS THAN 27 DAYS NOTICE

INSURANCE

A Travel insurance covering cancellation, curtailment and all medical expenses including air evacuation is compulsory for all clients traveling with AFRICAWILDTRUCK. It is under traveller's responsibility to make sure that the insurance covers travel activities (planned or voluntary) and all traveler's needs. Some travel activities of a dangerous nature (eg, diving, horseback riding, biking, etc ...) bring with them the risks to the health of the traveler or even death. It is responsibility of the traveller to be familiar with these activities and accept the risks that may arise from their practice, as well as make sure your travel insurance policy covers the practice of these activities. The traveller is required to have read and to carry while traveling the insurance policy.

HEALTH

While being able to give guidance on the obligations of vaccinations, we are not doctors. It is responsability of the traveler to make sure you have detailed advice from the medical side. AFRICAWILDTRUCK cannot be held responsible for any damages or problems arising from this failure. Travelers with health problems, pregnant women or those who have just returned from a trip in other countries need to carefully control the obligations and comply with the instructions of your doctor. Medical expenses incurred for any admissions or check-ups are the responsibility of the traveler.

OBLIGATIONS OF TRAVELERS

It is responsibility of each traveler be provided with an individual passport for all the countries visited, as well as tourist and transit visas and health certificates that may be required. They must also follow the rules of prudence and diligence, all the information supplied by the organizer, as well as regulations and administrative or legislative provisions relating to the country or countries visited. The participants are called upon to answer for all damages that the organizer may suffer as a result of their failure to fulfill obligations above. The traveler must provide the organizer with all the documents, information and evidence in its possession relevant to the exercise of the right of subrogation against third parties responsible for the damage and is responsible to the organizer of the injury caused to the right of subrogation. The traveler must notify the organizer in writing, at the time of booking, any possible special needs (eg vegetarian meals) that may be the subject of specific agreements on the travel arrangements provided that it is possible to implement.

BAGGAGE

For reasons of space and coexistence, the traveler can have only one big backpack up to 15 kg with maximum dimensions of $30 \times 40 \times 50$ cm beyond the classic handbag with camera equipment. We recommend that to respect the dimensions. In case of excess weight and size could be a fee of $\leqslant 50$ per kg.

RESPONSABILITY

Neither AFRICAWILDTRUCK (herein called "the company") nor any person acting for, through or on behalf of the company shall be liable for any loss or damage whatsoever and without restricting the generality of the foregoing shall particularly not be responsible for loss or damage arising from any errors or omissions contained in it's brochure / website or any other literature, late or non-confirmation or acceptance of bookings, loss or damage caused by delays, sickness, injury or death, whether occasioned by negligence or not.

In addition the company shall have the right at any time at it's discretion to cancel any tour or the remainder thereof or make any alteration in route or time should any cause in the opinion of the company make it necessary to do so, and shall not be liable for any loss or damage whatsoever arising from such cancellation or alteration.

AFRICAWILDTRUCK reserves the right to expel any traveller /terminate a tour with any traveller who is in breach of this Terms and Conditions and/ or breaking laws; displaying rude behavior or committing act that could injure or harm any person (staff included); any behavior that disobey AFRICAWILDTRUCK instructions in relation to health and safety; any behavior against AFRICAWILDTRUCK travel philosophy. Termination of the tour will be carried out by any AFRICAWILDTRUCK representative and not subject to any appeal. In such cases the traveller will not be entitled to any reimbursement from AFRICAWILDTRUCK, nor will AFRICAWILDTRUCK be responsible for any additional costs incurred by the traveller as a result of the termination

DATES

Travel dates may be subject to minor changes at any time. The dates indicated on the website are subject to change www.africawildtruck.com that will be communicated as early as possible.

PICTURES

All the images collected during the trip from AFRICAWILDTRUCK in the form of photograph or video may be used by AFRICAWILDTRUCK marketing or promotional purposes for the company, including type material printed, video, or internet.

TRAVEL PHILOSOPHY

Before you book a trip with us, you must have read and accepted our *Travel philosophy*. During our expeditions there is a need to carry a good deal of flexibility. The routes may be changed on site without compromising the success of the trip, in fact, they should be considered as an indication of our intentions, rather than actual obligations of the contract. The weather conditions, as well as local events, may sometimes cause changes in itinerary, overnight stays, and transport. We accept your reservation knowing that you have understood the peculiarity of these trips, which may include the inconvenience and discomfort. Refunds will not be given for any unused services.

