



AFRICAWILDTRUCK  
Adventure & Photo Travel Tour Operator

## A walking tour - Malawi walking in the heart of Africa.

A walking route to reconnect with nature between the villages of Lake Malawi and mountain trails, the walking safari in Liwonde National Park and the first capital of the country, Zomba.

## 14 days by walk - only 5 hours in vehicles with possibility of extension

The calculation of the days excludes flights

Suggested season: from April to November

### WHAT WE WILL SEE

A walking tour - Malawi walking in the heart of Africa. A walking route to reconnect with nature between the villages of Lake Malawi and mountain trails, the walking safari in Liwonde National Park and the first capital of the country, Zomba.

A journey on foot, in the heart of Africa, walking slowly and with the rhythms and culture of the place you are visiting is an authentic and immersive experience. An adventure that will engage all your senses.

Have you always wanted to go on a journey on foot? Forget noisy roads and long drives off-road? We believe that exploring a destination and join a walking trip is a great way to discover culture and the beauty of that land. At every step you discover new details, you grab something about the world and about yourselves. In peace and tranquility.

A walking tour in Malawi to reconnect with nature between villages on Lake Malawi, mountain trails that will allow us a different point of view. A small town where people move still often on foot, or by bicycle. This journey will bring us closer not only to the Rift valley views between plateaus, mountains, waterfalls, lakes and wildlife where the first explorers like David Livingstone moved often by only traveling on foot.

This journey on foot will usher us into the villages, among the people to discover the secrets of local culture and traditions. In the oldest tea plantations of the whole country, overlooking Mount Mulanje, the highest mountain in Southern Africa, the first in Zomba capital of the country with its plateaus and its heart, the market. We will face the walking safari in Liwonde National Park in search of the rare black rhino, we will dive into Lake Malawi, walking between the villages and without fail to visit social projects. In the heart of Africa for a trip on foot, including history, culture, safaris and unique natural scenery.

**DURATION:** 14 days. Possible extensions in the unspoilt Majete Wildlife Reserve.

MALAWI, GALLERY

WALKING  
TOUR



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AROUND AWT  
malawi tourism  
BRINGING INSPIRATION TO THE BEST OF MALAWI ADVENTURE



THE INTERNATIONAL  
WALKING TOURISM  
ASSOCIATION  
MEMBER



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## TRAVEL

Suggested season: from April to November

The TRAVEL: Travel on foot - Malawi walking in the Warm Heart of Africa.

About sixty kilometers from the city of Blantyre in southern Malawi, stands solitary massive Mulanje, called in Chichewa Island in the Sky, a large and spectacular granite of about 650km<sup>2</sup>.

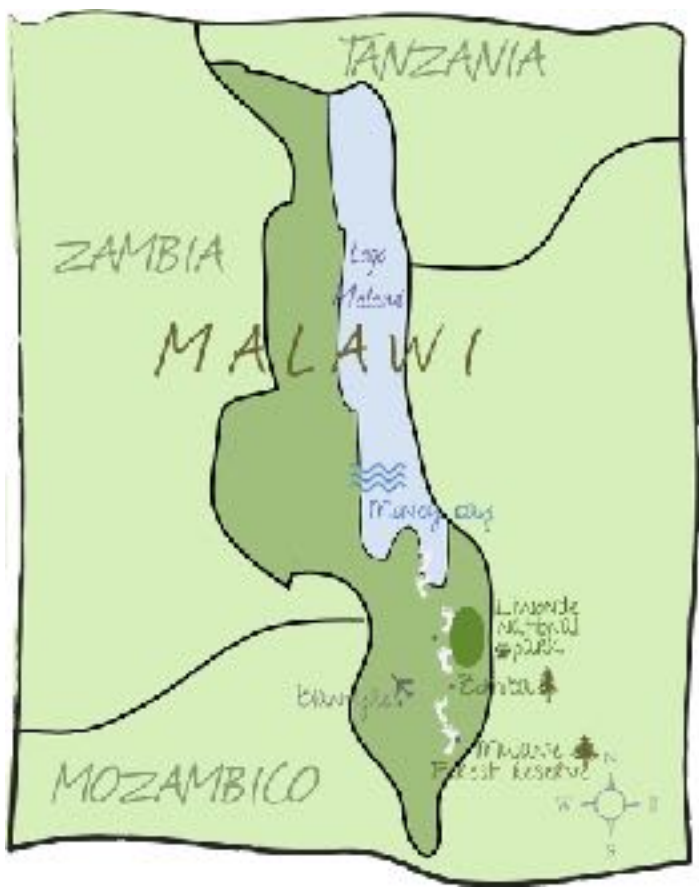
The average altitude is about 2000 meters and at least a dozen peaks above 2500 meters populate this giant who has the distinction of being the highest mountain in Southern Africa, coming, with the peak of Sapitwa, at 3002m altitude.

Mount Mulanje, protected within the Mulanje Mountain Forest Reserve at the base, is located at an average altitude of about 650m and is an area completely covered by a green mantle of tea and bamboo forests or unique plants found only here ( there are about 500). The precious and famous and vulnerable Mulanje cedar, *Widdringtonia whytei* and endemic plants that grow here are preserved as part of the highest biodiversity of the entire Malawi plants. The diversity of ferns is amazing with over 100 recorded species in the forest and new species that have yet to be classified. Also endemic is the chameleon (*Chamaeleo mlanjensis*), two species of gecko (*Lygodactylus rex*) and *L. bonisi* and other frogs. Among the mammals are 66 species, including baboons, monkeys and small antelopes, hyenas, leopards, although difficult to see. It is the only place in Malawi where there is the rodent *aethomys namaquensis*. Mount Mulanje is also important for butterflies: we can count 233 species. 22 of the 56 species of birds found in the African archipelago mountain system, breed on Mount Mulanje.

Do not forget that tea and tobacco are key resources for Malawi, whose economy depends almost entirely on the cultivation of these two products. The first tea plantations in Africa were introduced in the late nineteenth century precisely in Malawi: the views open up spectacularly in huge and rolling hills covered by a spotless green mantle and tea. Walking through the immense spaces of the plantations we meet the tea workers who patiently pluck the young leaves at the top of the plants, leaf by leaf, to fill the huge baskets on their backs.

Liwonde National Park, in the south of Malawi needs no introduction. It is certainly the most famous park in the country and in the interior, along the Shire River, abound many elephants and antelope such as Lichtenstein's hartebeest (*Alcelaphus lichtensteini*) and the Sable antelope (*Hippotragus niger*), buffalo, zebras, hyenas, warthogs, baboons, hippos and crocodiles; hundreds of species of birds inhabit the park which is a real ornithological paradise. The vegetation is very diverse, ranging from forests of mopane, the palm trees, the grassland, the acacias, while the hills dominate the forests of miombo. For this the Liwonde is the only place in Malawi, where the inseparable Lilian Lovebird (*Agapornis lilianaeis*) nests. The park is also an IBA (Important Bird Area) recognized internationally with significant populations of rare or endangered species. Visit Zomba, the first capital of Malawi, with its colonial architecture, the old covered market and the legendary Zomba Plateau from where Livingstone spent to explore Lake Malawi and start to end slavery!

We will move on the banks of the third largest lake in Africa, in the Lake Malawi National Park, this is a World Heritage Site, one of the world's largest water reserves, by the clear waters and golden beaches that that cannot be compared to our Italian coast. It is estimated that the endemic fish that inhabit the waters, cichlids, are around 1000 species. The fishing villages and simplicity of Malawian life, with its rhythms from the lake. Here we surely meet the fishermen of the lake with their fishing canoes who are dedicated to following old traditions. The drying of fish is a ritual and a procedure in which they are involved, and the old women of the village help, while the children and the boys help the fishermen repairing nets. Malawi is indeed a warm and welcoming country. Its people have a warm and hospitable heart that in no other country in Africa we have ever heard. Away from tourism and despite the poignant beauty of its landscape, its hospitable and incredibly friendly people, the kilometers of pristine beaches of golden sand, Malawi is a country not yet discovered by tourism and this makes it even more fascinating.





## MEANS OF TRANSPORT

The only distances traveled by jeep will be those to and from the airport of Blantyre and 5 hours of transfers in total. For 14 days, we will use only the legs! We will walk in contact with nature, a walking safari on the highest mountain in southern Africa and in the villages on the shores of Lake Malawi. A journey on foot that is still similar to what the explorer David Livingstone did.

## GUIDES

The professional guides are selected on the field during our trek and have distinguished themselves for their high training, experience and reliability and are registered as official guides from the Ministry of Tourism. They are guides that we have carefully chosen following an idea of sustainability of travel and social commitment, to ensure the traveler the most profound experiences that generate benefits for local communities.

## ACCOMMODATION



In Zomba and in Liwonde National Park, sleep in eco-friendly lodges in unique positions. In Mulanje, at the base of the mountain, we will spend the nights in a nice colonial house, where AfricaWildTruck is based, the nights on the mountain will be spent in simple but comfortable mountain huts, equipped with water and firewood. The mountain equipment (mats, tents and field kitchen will always be available).

On Lake Malawi we will spend the night in a colonial house. The facilities have been carefully chosen following an idea of land conservation and sustainability of travel, preferring positions in close contact with nature. To get the list of lodge and camping [write to us!](#)

## PERIOD/SEASON

Temperatures depend largely on the season, from the latitudes and altitudes. On the right is a table indicative of average temperatures in the different seasons. The hottest month is November, the coolest month is June / July. The dry season is from April / May to November / December, during which we recommend hiking on the mountain. The wet season is usually from December / January to March / April. [Contact us](#) for more information on the current season, they are not all the same all the time!

## TRAILS

The difficulties for excursions, ranging from moderate (T2) and possible for intermediate walkers being at still a moderate altitude and on good trails with a number of ascents and descents quite challenging (T3) for walkers with a little training and on land a little disconnected.

AVERAGE TEMPERATURES °C	FEBRUARY	JULY	NOVEMBER
Blantyre and at the foot of the mountain	min 18 - max 27	min 7 - max 23	min 25 max 35
at 2500 m	min 12 - max 23	min 1 max 20	min 18 max 28



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## WALKING TOUR GUIDE

### Walking tour - For who

For walkers, for those who want to enjoy a bit of adventure and different rhythms of everyday life, for those who want to explore, for those who want to regain their time and shake off all the fears and enjoy unique places and traditions. For those who are fed up to spend time sitting in the car, for those who believe that a trip on foot is our natural means. For those who want to reconnect with nature, with the places and with knowledge.

For inspired travelers, for those who believe in the values of responsible tourism and for those who think that their legs are the best means of transport.

### Walking tour - How

With a small group of people (maximum 8) who think just like you and with local professional guides, qualified, experienced and working in the field, you'll enjoy a walking trip in the countryside, on mountain trails, walking safaris in national parks, markets and villages you'll meet on the road, walking on foot as much as possible.

You will have the chance to savor the journey slowly, so most "green," without a trace. It will be a time of personal growth, you will enjoy the endless moments without having to run from one place to another and the baggage with which to return home will be enriched with new experiences and friendships. All this always in absolute safety.

The whole trip will be approached on foot, on paths and variable distances, but always comfortable and relaxing rhythms to allow rest any time of day. During the entire trip we will use the car for only 5 hours. Yes, that's right, five hours total on a 15 day trip, to address transfers that walking would be uncomfortable and boring. In addition to the two transfers to and from the airport. The guides, which are present for the entire trip, are not only professionals and experts in nature of the regions we are exploring, but they at home! added value to enjoy the best of nature and of the traditions that make it Malawi unique.



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## WALKING TOUR GUIDE

### Itinerary

Walking in contact with nature, we will enter in the villages with less pressing rhythms and much more human and discover traditions among the people to as well as the culture and secrets of the Chewa.

We will climb the highest mountain in southern Africa, through the plateau that lie between 2200 and 2500 m for a few days of trekking; starting from an altitude of 800, we will travel a journey that even today is similar to what the explorer David Livingstone did. The mountain is not just nature. Often encountered along the way are some offerings Malawians give to the spirits of the mountain.

Accompanied by a professional guide, we will explore an area of the forest reserve made up of tracks, smells, endemic plants, birds and mammals such as antelope and small predators and countless suggestions that only nature can offer. It requests a passion for the mountains and a basic training, in addition to the observance of a few simple rules dictated by the peculiarities of the places.

In the highlands of Zomba, while walking at an altitude of 1800-2000 m, the paths will always be in good condition and not too demanding. Your walks in the tea gardens are sweet and quiet as well as the walks in markets and villages of Lake Malawi. The walking safari in Liwonde National Park will be accompanied by a professional guide and an armed ranger.

The hiking on Mount Mulanje is one of the most charming and fascinating experiences that you can do in Malawi and Africa in general.

Mount Mulanje is a mountain that offers mountain lovers the excitement of an ancient path and how it used to be

**Photography during the walking tour:** Photographers during the journey on foot will always be permitted to bring their own camera equipment. The guides will try to stop when they want and in the best conditions.

**To know:** the huts on the mountain are spartan, with floor mats and without electricity and with a simple yet traditional "bucket shower", hot shower with the bucket, like 100 years ago, when they were built. There is a magical atmosphere around the fire. The shelters apart from the CCAP hut, are managed by the Malawian government, with a guardian within that will offer fire and hot shower. Consider also good hiking boots, a warm sleeping bag, binoculars, a head torch, sunscreen, hiking clothes and raincoats. It is highly recommended to get a porter. Lunches are packed, while dinners and breakfasts are in self catering. The water is potable on the mountain. Africa Wild Truck only uses the services of certified guides and porters authorized by the Government of Malawi. In parks or in the reserves, you will be made to sign a discharge of responsibility required to access given the nature of the place.



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## TRAVEL PHILOSOPHY

We call our trips, "expeditions", a word which seems to better encompass the spirit of adventure and discovery of wild places, the capacity of necessary adaptability and the desire of sharing this experience with others. Our programs are carefully prepared and are born from our personal experiences over the years of the places where we spend most of the year. This allows us to share the knowledge of the environment and local communities to whoever wishes to experience an adventure rather than an organized trip.

During our expeditions, we like to improvise, a ballgame in a small out-of-the-way village or take a break to taste the local cuisine, or stop to meander through the colourful stands of fruits and vegetables in an outdoor marketplace.

We don't travel with air conditioning observing Africa through closed windows, but we live breathing in the smells and even getting a little dirty from the red earth without thinking all day about how much further we're going, when will there be roads of asphalt or what will we eat for dinner that night.

We experience Africa smelling the atmosphere, photocaphing the colours, experiencing the local fruit and vegetable markets, being surrounded by children on the road without prejudice.

People who travel with us are not just thinking about reaching a destination but about enjoying the infinite moments during the trip to appreciate the spectacular sights of Africa even when we stop and there is nothing to do.

"Doing nothing" transforms your sense of hearing into listening and your sense of watching into seeing.

We prefer to "lose" time in order to better appreciate the wonders of Africa.

We don't appreciate those who always want to know "what can we do for fun", what activities or hobbies, when there really is nothing to do but wait for the sunset or for a lion to yawn: Africa has a different rhythm of life.

We don't appreciate those who travels with their entire house in their suitcase and who wants to find all the comforts of home on the road; stress must stay at the airport because it does not fit with this continent.

Who are appalled and shocked at a local food dish or who cry because there's no hot water need not apply; these are luxuries we give up in respect for the communities of a Continent that suffers poverty and underdevelopment.

We don't appreciate those who do not have respect for animals or nature, who waste water, energy and resources without environmental respect, who does not ask for help and does not give help and who does not take care of our equipment.

This is our philosophy: think like us and you will be rewarded.



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# TRAVEL PROGRAM

## DAY 1 BLANTYRE, MALAWI - MULANJE 80 KM

Arrive in Blantyre, Malawi, welcoming and warm country: its people have a warm and hospitable heart that in no other country in Africa we have ever heard. Meeting with the staff of Africa Wild Truck and transfer to Mulanje, in one of the oldest colonial houses, situated in a lovely green setting. Full board

## DAY 2 MULANJE

Day entirely dedicated to the journey on foot in the tea plantations before embarking on the climb and plan some details in order to customize the most of the hiking. Mulanje offers incredible views at the foot of the mountain, views of the hills and tea with endless expanses and bright green leaves and with room only to the red of the labyrinthine routes through the plantations, where you can meet the real Malawian life. Overnight stay in the ancient colonial house. Full board

## DAY 3 MULANJE

On foot we will immerse ourselves in the lives of Malawi to visit one of the centers called Friends of Mulanje Orphans (FOMO) that contributes positively to the creation of a solid foundation for primary education. Then on our way back we stop at the colorful market of Mulanje and have a feel the life of this small border village. (Short transfer 1 hour drive) Overnight in old colonial house. Full board

## DAY 4 MULANJE - MADZEKA HUT

Departing at dawn to walk to the base of the massif of Mulanje which is 10 km about to take the path through primary forests, waterfalls and almost alpine lakes will lead to simple Madzeka hut. Spectacular scenery will open behind us before we get to the refuge, one of the smallest and cozy, where we would see the rare and endemic Mulanje cedar .Overnight in the refuge. Full board

## DAY 5 MADZEKA - SOMBANI HUT

The journey is not as long and very flat in the typical vegetation of this African mountain massif. During the trek we will stop to admire the particular vegetation, to discover traces of the mammals that inhabit the plateau and discover the birds with binoculars. The panoramic views will be taken on the entire plateau, before reaching the Sombani simple hut, where we will tell you the legends of the mountain! Overnight in the refuge. Full board

## DAY 6 SOMBANI HUT - CCAP HUT

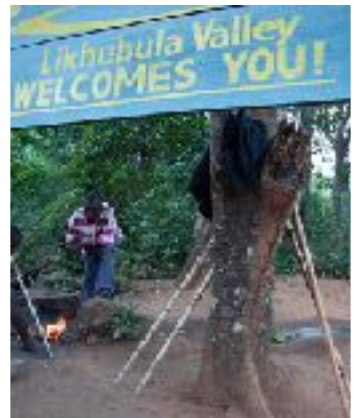
From Sombani hut, we will face a long road to traverse the entire mountain between streams that form beautiful swimming pools; the valley offers unique scenery to pretty ancient CCAP Hut where the stars there will never seem so close. Overnight in the refuge. Full board

## DAY 7 CCAP HUT - LIKUBULA FOREST LODGE

Last day of trekking to go down and leave behind the highest mountain in southern Africa. We will walk up to Likhubula forest lodge at the foot of Mulanje, awesome with a swim in the cool pools at the edge of the lodge. Brief visit to the local craft market. Overnight at the lodge. Full board

## DAY 8 LIKUBULA F.L. - ZOMBA PLATEAU

We will reach the dirt road in the first capital of Malawi, Zomba, where we will spend a pleasant day immersed in the local life of the city, in the colorful market, and on the Zomba Plateau, an area of 1800 meters boasting a remarkable forest extension, and numerous species of animals and plants unique to the world; the atmosphere of the ancient capital is still preserved in some historic buildings. (Short car transfer 2 hours). Overnight at the eco-lodge. Half board



## TRAVEL PROGRAM

### DAY 9 ZOMBA PLATEAU

The top of the Zomba Plateau is 1800 m and it offers an incredible view over the Rift Valley and the legendary Shire River. full day excursion to climb to the plateau, including a lush forest, streams, dams and waterfalls. You can decide whether to reach the Queen's View and the 'Emperor's View that are vantage points from which you can enjoy a top view of the Rift valley. With a little luck you can spot the shy Livingstone turaco, many vervet monkeys and enjoy the delicious berries. Possibility of pleasant excursions on horseback. Overnight at the eco-lodge. Half board.

### DAY 10 ZOMBA - LIWONDE NATIONAL PARK

We will move into the village of Ulongwe where we will begin our journey towards the bank of the legendary Shire River. Cross walk the villages and markets before arriving at the gate of Liwonde National Park which is 14 km away where we will visit an interesting school project. We cross the river Shire, richly populated with crocodiles, hippos and elephants to reach the lodge. Accommodation in the middle of the park, in one of the most beautiful lodges / Malawi camps, overlooking the Shire River. (Short car transfer 1 hour) Full board.

### DAY 11 LIWONDE NATIONAL PARK

In the morning wake up at dawn to face a walking safari in search of wild animals and the black rhino with the possibility of sighting of numerous antelopes, elephants and especially birdlife of the park. In the afternoon we will organize the famous boat safari to better spot and photograph the many elephants, hippos and crocodiles! The chances of sighting elephants are unique and often swim in front of us, across the river in search of food. Accommodation in the middle of the park, in one of the most beautiful lodges / Malawi camps, overlooking the Shire River. Full board.

### DAY 12 LIWONDE NP - LAKE MALAWI NATIONAL PARK

We will move on Lake Malawi National Park, heading for a bay where we will find a relaxing afternoon of fishing eagles and fishing villages with their canoes braving the waters of the third largest lake in Africa, one of the largest freshwater bodies in the world; it is estimated that the endemic fish that inhabit the waters, cichlids, are around 1000 species. (Short transfer 1 hour drive). Overnight in the lodge on the lake. Full board

### DAY 13 LAKE MALAWI NATIONAL PARK

The fishing villages are many, and in the morning it is easy to meet the fishermen in their canoes while returning from a night of fishing. Lake Malawi in this area is close to the Lake Malawi National Park: a real sea and provides livelihood to all villages settled on the banks of the lake. From here we can walk in the local life, the fishing villages or arrange a boat trip to the island of Boadzulu, the lake Malawi National Park where we will be able to fully enjoy the wonder and the transparency of the lake. Women dry out the fish and prepare the stalls for sale. We will spend the day on Lake Malawi and in the villages to devote ourselves to the knowledge of the peoples business. Overnight in the lodge on the lake. Full board

### DAY 14 LAKE MALAWI - BLANTYRE AIRPORT

Return to Blantyre through the fertile highlands of the Rift Valley; Transfer to airport for international departure flight.



## EXTEND YOUR TRIP!

- LAKE MALAWI BEACHES
- INDIAN OCEAN
- MAJETE WILDLIFE RESERVE
- LIWONDE NATIONAL PARK





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## ATTENDANCE FEE: 2850 EURO

inclusive of VAT 16,5%, Tourism Levy 1%

PARTICIPANTS: 6

### DISCOUNTS

The following discounts are possible:

- discounts for groups with at least 8 persons
- family discounts: for children and young boys/girls under 12 years
- 10% for travelers who already took part at least in a travel with AFRICA WILD TRUCK (minum base of 4 persons)

Discounts are subject to variations and can't be combined together.

### THE FEE INCLUDES

- Africa Wild Truck assistance 24 h
- English speaking guides authorized by Tourism Department
- Transfer from Blantyre to AfricaWildTruck base and from Lake Malawi to BlantyreChileka airport (80 km per way total 160 km) and a total of 5 hours of car, excluding from and to airport
- 2 safaris in Liwonde national park and a walking safari
- all overnights in lodge and basic huts as to program, see page 3
- all meals where indicated Full board
- VAT (16.5%), TOURISM LEVY (1%) and government taxes (30%)

### THE FEE DOES NOT INCLUDE

- flights
- Malawi Visa
- all entry fees to the Mount Mulanje Forest Reserve and Liwonde national park
- Euroassistance/Globy or similar travel insurance (cancellation, luggage, health insurance highly advisable – it is possible to stipulate it with the above cited agency or online – write to us, we will help you to find the best solution!)
- optional excursions not mentioned
- drinks
- any possible personal expense
- tips
- anything not expressly specified under "The fee includes"

### ATTENDANCE MODE

Attendance fee is of 2850 EURO

Attendance fee deposit is of 850 €.

The rest of the fee can be paid in different modes that will be defined on the moment of registration, i.e.:

1. With bank transfer. At the time of booking we will send you all details and the procedure to pay on Africa Wild Truck's account in Malawi.
2. With VISA credit card. Directly on your arrive in Malawi, at Africa Wild Truck's office.
3. With PAYPAL on AWT Paypal account.
4. With CASH, on your arrival in Malawi, at Africa Wild Truck's office, that has a regular license and government authorization to accept any currency (€, US\$, £, Rand, etc..)

In case of travel quit, the amount paid will be refunded in case of participant replacement; in case it is not possible to replace the participant the amount paid will not be given back if travel insurance hasn't been stipulated; read our enclosed "Terms and conditions".

WE ACCEPT

PAY

PayPal



## BOOK!

Contact [info@afriawildtruck.com](mailto:info@afriawildtruck.com) to book or to ask informations.



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## TRAVEL TIPS

### HEALTH

No obligation to vaccination. Write to us to have more information! Note that on the mountain (above 2000 m) is malaria free.

We recommend these vaccines:

- tetanus
- typhoid fever
- hepatitis A and B

Concerning malaria, disease transmitted by the bite of the female Anopheles mosquito, its prevention is accomplished, first of all, with a mechanic prevention i.e. avoiding getting stung, following these rules:

- sleeping under mosquito tents
- using insecticide to get rid of possible mosquitos
- after sunset, when mosquitos are more active, avoiding leaving parts of the body uncovered, wearing light-coloured long trousers and long-sleeve shirts, because dark colours attract mosquitos and spraying parts of the body uncovered with Autan Extreme

For the use of any possible antimalarial drugs we suggest that you consult your Public Health Service; health norms change very rapidly.



### TRAVEL MEDICAL KIT

We suggest that you take with you a small supply of these medicines:

- analgesics/fever reducers: acetylsalicylic acid and nimesulide
- antibiotics like ciproxin or amoxicillin or clavulanic acid
- antimalarials: anyway carry with you 2 packs of Lariam for emergency cases
- antidiarrheals: loperamide or kaolin in case of symptoms (to use only if really necessary!)
- rehydration salts: in case of fluid leaks
- against car or air sickness: a pack of pills or chewing-gums
- antihistamines: in case of allergic reactions
- scissors, tweezers and thermometer
- suntan cream
- insecticides (like Autan Extreme)

### LUGGAGE

Due to space and cohabitation reasons each person shall have just a big backpack (max 15 kg), with max. dimensions 30x40x50 cm (60 liters) besides a standard small bag with photographic equipment.

We recommend that you comply with the dimensions.

We recommend mountain backpacks with shoulder straps.

### CLOTHES LAUNDRY

It will be possible to wash your clothes where we will stop at least for 2 nights

Si



No



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## EQUIPMENT

### Required documents and Visa

It is necessary to have a passport valid for at least 6 months after departure date with at least two free pages; for the entry in Malawi the Visa is obtainable under 50 Usd payment. [Write us](#) for more informations

### CLOTHING

- comfortable trekking shoes
- technical sandals
- easy to dry slippers for the shower
- windbreaker
- k-way
- sweatshirt/pile
- cotton/linen long trousers
- cotton/linen long sleeve shirts
- cotton T-shirts
- bathing suit
- panty
- belly pack for passport
- sunglasses
- cap

### OTHER

- sleeping bag that can withstand up to 5 degrees for who is always cold
- towel
- binoculars
- head torch-light
- penknife/water bottle
- camera/videocamera/spare batteries!!
- passport photocopy and 2 passport photos
- energy bars may be useful
- any other mountain trekking that you might need

### PERIOD

Temperatures widely depend on altitudes and latitudes. Contact us for further information!



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## ECO TOURISM

### AFRICA WILD TRUCK SUPPORT

Africa Wild Truck travel philosophy has the aim to minimize the potential negative impacts that derive from tourism socially, economically and environmentally. We know that tourism has got a big potential of bring benefits in remote areas as economical growth, develop and conservation. Travel in a responsible way means follow a specific travel philosophy that we hope is useful to preserve the beauty and the culture of this marvellous Continent to future generations.

### SOCIAL COMMITMENT

We think that the contact with local people and cultures is one of the essential aspects of a travel. Comprehension, tolerance and mutual respect between different cultures often mean also simple rules to follow that will be exposed to the traveler before as well as during the travel. We encourage the traveler to have an open attitude and learn customs and traditions, as well as basic words in local language.

We live here and we give local people a job so that travelers, once more, may have the possibility to interact with African people and so that money is directed to the population.

We support some territorial and social maintenance projects, both directly, involving our travelers into donating to AROUND AWT and indirectly, visiting distant areas bringing economic development and suggesting to donate one's own contribution to projects as conservation or social projects

We are supporting associates and members of associations like AITR, Italian Association for Responsible Tourism and TIES, International Ecotourism Society.

We live here so we have the possibility to monitoring the political and social situation of our destinations, communicating, if possible, all relevant information to travelers before leaving.

### ECONOMIC COMMITMENT

We lean on suppliers, products and services representing the option that is the most ethical available, even when it means paying a price reasonably higher compared to other options on the market.

We use accommodations which are chosen carefully, following an idea of conservation of the territory and sustainability of the travel, preferring positions in close contact with nature. Where possible we lean on small accommodations managed by local people that live on the territory, like us.

We don't lean on facilities or suppliers where we know there is exploitation of labor.

Where possible we stock up in the markets, buying fruit and vegetables directly from small producers, thereby supporting small economies.

We encourage travelers to buy local artifacts that do not harm the environment and that do not support illegal trafficking.

### ENVIRONMENTAL COMMITMENT

• We use the Internet and e-mails as main means of communication; this minimizes the waste associated with the use of printed paper.

We use, where possible, recycled paper for all our printed releases.

We support and donate part of our takings to organizations like AROUND AWT and other associations also through the programming of the travels/expeditions. We are members of the TIES, International Ecotourism Society and of AITR, Italian Association for Responsible Tourism.

We minimize the waste like electric energy and water using the truck's batteries to recharge the electric material and managing the reserves of water in an accurate way.

We recycle: nothing is thrown away in Africa! Where possible we deliver part of what we think is no longer useful, to those who need it. Besides we follow, where possible, this simple rule: what in Africa is harmful for the environment and cannot be recycled must be taken back home! Used batteries are a simple example.

We use small facilities that minimize negative impacts on the environment. We lean, where possible, on facilities built with local materials, as well as facilities that use renewable sources of energy like solar panels.

### YOUR SUPPORT

Inform on your travel destination before leaving. Read books and consult tourism guides to collect information on culture, politics, geography, religion and traditions of the places you are going to visit. Learn a few basic words you'll need to communicate; sometimes a few words can make you get on touch more with the local culture. Inform on how to behave to respect customs and beliefs.

Dress in a respectful way. It's really easy to cause embarrassment or offend with an inappropriate clothing.

Buy local objects and use local services; this increases the local economy. But be careful what you buy: do not feed illegal trafficking or types of trade that are harmful to nature.

Pay a fair price for what you buy. Negotiating is always part of the local life; small sums of money mean big sums for a local family.

Ask permission before taking photographs and if you promise someone to send a photo, or a gift, please, keep your promise.

Avoid showing wealth and opulence especially in poor communities, where you are a guest.

Help local communities supporting development projects, rather than giving huge tips to individuals. Together we can develop new ideas. Take a look at the projects we support like AROUND AWT.

If you want to leave something, as for example giving material to a local school, or cloths to whom needs them, try to give them to an influential person. In this way the material will be divided as fairly as possible. Do not give money or medicines to individuals: we know projects to which we can give this type of material.

Never feed wild animals, especially within the parks: wild animals have not to depend on man for their subsistence.

Respect the environment: avoid leaving garbage around and if you smoke, please, do not leave your cigarette butts.

Once home think how you can help the development programs to help the country you've had the privilege to visit. Choose a Tour Operator that follows a travel philosophy that supports eco-tourism.

We support some social maintenance projects, through scientific popularization, writing guides and articles, photography, donations, our projects of AROUND AWT, visiting distant areas and so bringing economic development; if you know topics, groups, projects we don't know share them with us: we can support them and ensure that many people may be involved.



# Malawi walking in the heart of Africa.

A walking route to reconnect with nature between the villages of Lake Malawi and mountain trails, the walking safari in Liwonde National Park and the first capital of the country, Zomba.

**AFRICAWILDTRUCK**  
Adventure & Photo Travel Tour Operator

## TERMS AND CONDITIONS

### HOW TO BOOK

- Having confirmed availability, a 20% DEPOSIT IS REQUIRED TO CONFIRM YOUR BOOKING. Once we receive proof of payment together with your completed *Booking Form*, your booking is confirmed and accepted by us.
- UNLESS PRIOR AND DIFFERENT ARRANGEMENTS, FINAL PAYMENT IS NORMALLY DUE 6 WEEKS BEFORE DATE OF DEPARTURE
- PAYMENT BY VISA AT OUR OFFICE ARE WELCOME (ONLY VISA, NO MASTERCARD OR OTHER CARDS). NOTE THAT OUR VISA IS CONNECTED WITH THE LOCAL ACCOUNT AND THE RATE OF EXCHANGE OF THE DAY IS FROM XE.COM. A 5% VISA CHARGE IS APPLICABLE WITHIN MALAWI
- If paying in Malawi Kwacha please note we use the HIGHER BUYING rate of commercial money bureaus.

### CANCELLATION/ REFUNDS

- CANCELLATION MUST BE IN WRITING AND ARE ONLY EFFECTIVE ON RECEIPT OF WRITTEN NOTIFICATION. NOTE THAT you will be offered an alternative date of departure without penalty. IF THIS should not be possible, we FOLLOW OUR CANCELLATION POLICY

### CANCELLATION POLICY

- IF NOTICE PRIOR TO 60 DAYS BEFORE DAY OF DEPARTURE 20% FORFEITED.
- FROM 59 DAYS TO 28 DAYS BEFORE DEPARTURE LESS 40%
- FROM 27 TO 14 DAYS BEFORE DEPARTURE LESS 60%
- 100% LESS THAN 14 DAYS NOTICE

### INSURANCE

A Travel insurance covering cancellation, curtailment and all medical expenses including air evacuation is compulsory for all clients traveling with AFRICAWILDTRUCK. It is under traveller's responsibility to make sure that the insurance covers travel activities (planned or voluntary) and all traveler's needs. Some travel activities of a dangerous nature (eg, diving, horseback riding, biking, etc ...) bring with them the risks to the health of the traveler or even death. It is responsibility of the traveller to be familiar with these activities and accept the risks that may arise from their practice, as well as make sure your travel insurance policy covers the practice of these activities. The traveller is required to have read and to carry while traveling the insurance policy.

### HEALTH

While being able to give guidance on the obligations of vaccinations, we are not doctors. It is responsibility of the traveler to make sure you have detailed advice from the medical side. AFRICAWILDTRUCK cannot be held responsible for any damages or problems arising from this failure. Travelers with health problems, pregnant women or those who have just returned from a trip in other countries need to carefully control the obligations and comply with the instructions of your doctor. Medical expenses incurred for any admissions or check-ups are the responsibility of the traveler.

### OBLIGATIONS OF TRAVELERS

It is responsibility of each traveler be provided with an individual passport for all the countries visited, as well as tourist and transit visas and health certificates that may be required. They must also follow the rules of prudence and diligence, all the information supplied by the organizer, as well as regulations and administrative or legislative provisions relating to the country or countries visited. The participants are called upon to answer for all damages that the organizer may suffer as a result of their failure to fulfill

obligations above. The traveler must provide the organizer with all the documents, information and evidence in its possession relevant to the exercise of the right of subrogation against third parties responsible for the damage and is responsible to the organizer of the injury caused to the right of subrogation. The traveler must notify the organizer in writing, at the time of booking, any possible special needs (eg vegetarian meals) that may be the subject of specific agreements on the travel arrangements provided that it is possible to implement.

### BAGGAGE

For reasons of space and coexistence, the traveler can have only one big backpack up to 15 kg with maximum dimensions of 30 x 40 x 50 cm beyond the classic handbag with camera equipment. We recommend that to respect the dimensions. In case of excess weight and size could be a fee of € 50 per kg.

### RESPONSIBILITY

Neither AFRICAWILDTRUCK (herein called "the company") nor any person acting for, through or on behalf of the company shall be liable for any loss or damage whatsoever and without restricting the generality of the foregoing shall particularly not be responsible for loss or damage arising from any errors or omissions contained in its brochure / website or any other literature, late or non-confirmation or acceptance of bookings, loss or damage caused by delays, sickness, injury or death, whether occasioned by negligence or not.

In addition the company shall have the right at any time at its discretion to cancel any tour or the remainder thereof or make any alteration in route or time should any cause in the opinion of the company make it necessary to do so, and shall not be liable for any loss or damage whatsoever arising from such cancellation or alteration.

### DATES

Travel dates may be subject to minor changes at any time. The dates indicated on the website are subject to change [www.africawildtruck.com](http://www.africawildtruck.com) that will be communicated as early as possible.

### PICTURES

All the images collected during the trip from AFRICAWILDTRUCK in the form of photograph or video may be used by AFRICAWILDTRUCK marketing or promotional purposes for the company, including type material printed, video, or internet.

### TRAVEL PHILOSOPHY

Before you book a trip with us, you must have read and accepted our *Travel philosophy*. During our expeditions there is a need to carry a good deal of flexibility. The routes may be changed on site without compromising the success of the trip, in fact, they should be considered as an indication of our intentions, rather than actual obligations of the contract. The weather conditions, as well as local events, may sometimes cause changes in itinerary, overnight stays, and transport. We accept your reservation knowing that you have understood the peculiarity of these trips, which may include the inconvenience and discomfort. Refunds will not be given for any unused services.

