

Naturalistic Workshop

7 - 20 July 2007



MALAWI E ZAMBIA

In collaboration with [Gianni Bauce](#),
professional guide authorized by [F.G.A.S.A.](#), an opportunity to immerse
in the nature and wild of the African parks



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Why we organize the naturalistic workshop

These trips are for everyone who has a passion for nature, animals and life in the open air and naturally, for those who love Africa and desire to discover it in the best possible way; meaning arriving at a deeper knowledge of the wildlife.

The presence of [Gianni Bauce](#), accredited guide [F.G.A.S.A.](#) allows us to acquire information on numerous African animals and their habitat, which also allows us to feel even more a part of this marvellous world, exploring safely the wild territory which has so much to tell.

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What is F.G.A.S.A.

F.G.A.S.A., Field Guide Association of Southern Africa, was formally recognized in 1992. It is a non-profit organization, which represents guides, trackers and other organizations which offer professional guides to the public. F.G.A.S.A.'s intent is to promote the concept of the "professional guide", based on the principles of strong ethics and professional manners, and supervising clients approach to the wildlife and nature of Africa in such a way as to ensure a pleasurable and memorable experience. F.G.A.S.A.'s duties include assuring the utmost qualifications in their affiliated guides by severe training followed by close control of their professional activities. This is in order to promote an elevated standard of quality and security in the supervision of ecological tourism.

What is a Field Guide

A Field Guide, by definition, is one who supervises people in what is considered a **NATURAL ZONE** environment. He can supervise the group by foot, aboard a vehicle, on horseback, in a canoe or another type of watercraft, in all Natural Zones, including Game Reserve and National Parks. This includes different types of terrains: Marginal fluvial, savannah, brush, hills, mountains, desert and coast. A Field Guide is the key connection between the environment and the travellers, providing information in order to enable them to better appreciate and apprehend the surroundings than if they were alone. In conclusion, a Field Guide is able to ensure the maximum security possible and the best assistance in a potentially dangerous environment.

Gianni Bauce is a certified Field Guide from the Bush Academy School of Zululand in South Africa (F.G.A.S.A. i.d. number 8061)



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Duration : 14 days. From 7 to 20 of July.

Mode of Transportation: We will be travelling the entire trip in our 4x4 vehicle, with 13 spacious seats, complete with 4 person tents, (for single or couple) with mosquito nets (tents dimension: 2,50 x 2,50 x 1,95) bed mats, refrigerator, food supplies, camp kitchen, battery charger, gps, laptop to download your digital photos or videos, satellite phone (cost 5 euro/min) first aid kit. The crew will consist of 3 persons: Stefano, Francesca and Shukuru.

Lodging : Mainly camping.

The climate: The chosen time for this trip, July, coincides with the most favourable meteorological conditions, that is a not too warm and dry climate. The temperatures will depend on the altitude and latitude. Max temperature on lake Malawi, Liwonde national park, South Luangwa, daily around 30°C.

Roads: we will travel for about 1600 km; 1000 km of asphalted road and the rest of sandy and sometime difficult road.



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Pasaporte Nº: 00
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Travel philosophy

We call our trips, "expeditions", a word which seems to better encompass the spirit of adventure and discovery of wild places, the capacity of necessary adaptability and the desire of sharing this experience with others. Our programs are carefully prepared, but during our expeditions, we like to improvise a ballgame in a small out-of-the-way village in Zambia, or take a break to taste the local cuisine, or stop to meander through the colourful stands of fruits and vegetables in an outdoor marketplace in Malawi.

A characteristic of our travellers is to be open and willing to live an adventure rather than to simply have an organized trip.

We don't travel with air conditioning observing Africa through closed windows, but we live breathing in the smells and even getting a little dirty from the red earth without thinking all day about how much further we're going, when will there be roads of asphalt or what will we eat for dinner that night.

These expeditions are not simply about reaching a destination but about enjoying the infinite moments during the trip to appreciate the spectacular sights of Africa.

We don't appreciate those who travel with their entire house in their suitcase and who want to find all the comforts of home on the road.

We don't appreciate those who are appalled and shocked at a local food dish; we prefer to experiment the traditional cuisine rather than find refuge in a supermarket. We don't appreciate those who do not have respect for animals or nature and who, during safaris, snap one picture and then want to run immediately to the next animal. We prefer to "lose" time in order to better appreciate the wonders of Africa.

We don't appreciate those who always want to know "what can we do for fun", what activities or hobbies, bringing the stress and rush from home, when there really is nothing to do but wait for the sunset or for a lion to yawn: Africa has a different rhythm of life.

We don't appreciate those who waste water, energy and resources without respecting the environment and the population. We don't appreciate those who don't ask for help, don't offer help and those who don't take care of the materials at their disposition.

In conclusion, we don't appreciate those who complain because there is sand in the desert!!!

Travel plan:

1° day 07/07

International flight - Lilongwe

Arrive at the international airport in Lilongwe. Meeting with Africa Wild Truck staff. Transfer in hotel.

2° day 08/07

Lilongwe - Liwonde national park (400 km)

Early in the morning departure: the direction is South, Liwonde national park. The park is a paradise for elephants, hippos, crocodiles and hundred different species of birds. Camping.

3° day 09/07

Liwonde national park

Boat safari to appreciate at our best the rich eco-system of the park. The river attracts many antelopes, eagle fish and the famous kingfisher's. Camping.

4° day 10/07

Liwonde national park

Our first walking safari with a ranger and with our guide Gianni Bauce, the expert that will accompany us in this trip. A walking in the bush will let us discover different animal's signals. Camping.

5° day 11/07

Liwonde national park

Boat safari and walking safari. We will see a different nature. Camping.

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6° day 12/07

Liwonde national park - Senga bay (250 km)

We move to Senga bay, a beautiful bay on Malawi's lakeshore. We will relax for a couple of days before starting again our immerse into another national park: South Luangwa. Camping.

7° day 13/07

Senga bay

In Senga bay we'll see a rich and wild fauna. Fisherman's villages around our campsite know all the secrets of this lake. Camping.

8° day 14/07

Senga bay - confine - South Luangwa n.p. (370 km)

Passage from Malawi to magnificent Luangwa valley, crossing the border. With 60 different species of animals and over 400 of birds, the Luangwa is one of the biggest reserve in the world in which flora and wild fauna survive. Camping.

9° day 15/07

South Luangwa national park

The landscape in front of us s stunning: we are on the river banks and big families of elephants cross the river all day ad night time. Camping



11° day 16/07

South Luangwa national park

Night drive to discover nocturne animals like civets, hyenas, and of course lions. Camping.

12° day 17/07

South Luangwa national park

Another adventure for another walking safari! The contact with surrounding nature is different and we have opportunities to see all small details leaved from animals.

13° day 18/07

South Luangwa national park

Possible excursion to a textile project in a small village. Camping.

14° day 19/07

South Luangwa national park - Lilongwe

We will move from Luangwa Valley and come back into Malawi, after border formalities. Camping in Lilongwe.

15° day 20/07

Lilongwe - international flight

International flight.



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TRAVEL INFO:

Health

Necessary to get yellow fever vaccination with the international certification and we advise you to get these vaccinations:

- Tetanus
- Typhoid fever
- Hepatitis A and B

As far as malaria is concerned, the illness transmitted by a bite from the female anopheles mosquito, this can be prevented in a mechanic way, that is avoiding mosquito bites abiding by the following rules:

- sleep under mosquito nets
- use bug or insect spray to get rid of the mosquitos
- after sunset, when the mosquitoes are more active, avoid leaving parts of the body exposed, wearing light-coloured long pants and long-sleeved shirts because dark colours attract mosquitoes. Also spray exposed parts of the body with Autan Extreme.

As for the use of anti-malaria medicine, we suggest that you consult the Office of Public Hygiene; the usual sanitary precautions often vary and change.

First Aid Kit for the trip

We suggest that you bring a small first-aid kit with these medicines:

- Analgesic/antipyretic: acetylsalicylic acid and nimesulide
- Antibiotics: like amoxicillin
- Against Malaria: you should bring 2 confections of Lariam in case of emergency
- Antidiarrheal: loperamide or kaolin only if symptoms persist (only use if necessary)
- Rehydrating salts - in case of liquid loss
- In case of motion sickness during the flight or drive: motion sickness pills or chewing gum
- Antihistamine: in case of allergic reactions
- Scissors, tweezers and thermometer
- Sunscreen
- Bug spray (autan estreme) IMPORTANT!!!

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EQUIPMENT

Documents and visa

Is necessary to be informed through Zambian and Malawian embassy in your country what are the visa and documents requirements.

Clothes

- comfortable shoes (Gym/walking)
- sandals (it's better if they are professional)
- slippers that dry easily for use in the shower
- wind resistant no-sleeve jacket
- wind and rain resistant jacket
- sweatshirt
- cotton or linen long pants (neuter coloured)
- cotton/linen long-sleeve shirt (neuter-coloured)
- cotton sweaters
- swim suit
- underclothes
- small, flat money pouch for your passport
- sunglasses
- hat

Other

- feather sleeping bag
- towels
- binoculars
- flashlight (with spare batteries)
- pocket-knife
- camera (with spare batteries) / video camera
- camera-film

UGANDA VISA
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Good for SINGLE journey
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Date 10/06/02
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Consular Officer
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Period of Stay TWO MONTHS

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Booking info:

The price is **2300 euro**. Minimum number of passenger: 7

The price includes:

Assistance of **Gianni Bauce, F.G.A.S.A. guide**, all transports, from airport to airport, from the beginning to the end of the travel, all road taxes, all safari, all park fees, all night accommodation as in programme, meals and beverage during meals, (excluding alcoholic).

The price not includes:

- international flights,
- travel insurance (passengers travelling with Africa Wild Truck are required to carry travel insurance)
- visas
- other personal costs.

Way of payment:

The deposit to give before the departure is 1000 euro.

In case of renounce the deposit will be refunded in case of substitution of the passenger.

The rest of the price is 1300 euro and will be collected at the arriving in Africa..

Book now!

Contact us at the address info@afriawildtruck.com to book on-line or for any other details!

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